

Moving Past Your Fears



"I suggest you **print these pages** and use this **Notes Sheet** to make it easier for you to follow along during the Moving Past Your Fears teleseminar

~Lynne

Tips To Get The Most Out Of This Call

1. Print out the action guide
2. Take lots of notes
3. Make a plan and take action

Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; he will never leave you nor forsake you.
Deuteronomy 31:6

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.
Isaiah 41:10

One thing I ask of the LORD, this is what I seek: that I may dwell in the house of the LORD all the days of my life, to gaze upon the beauty of the LORD and to seek him in his temple. For in the day of trouble he will keep me safe in his dwelling; he will hide me in the shelter of his tabernacle and set me high upon a rock. Psalm 27:4-5

Feed your faith and your fears will starve to death. ~ Unknown

[7 Power Keys To Unlock Your Potential](#)

1) Why is fear such a big issue

2) What are some strategies to get past fear?

What do you believe? Why are beliefs so powerful?

Who do you know?

Where is your focus?

3) A simple action plan to get past fear

4) 7 Power Keys To Unlock Your Potential

This 7 part audio series will equip you to transform your life.

In this series you will.....

- * Discover your Strengths, Passion, Dreams and Motivations
- * Understanding What Gets in the Way and How to Get Past It
- * Increase your confidence
- * Discover how to live your life on purpose
- * And much more

<http://lynnelee.com/7keys>

Janet has reduced the price to make it very affordable.

5) Christian Life Coaching Cafe

Missed the last event? You can access the replay in the Christian Life Coaching Cafe. The first month's membership is free, so come on in and taste and see.

<http://www.christianlifecoaching.co.uk/christianlifecoachingcafe.html>

Join us and discover how to successfully create a thriving and satisfying Christian life. The first month is free and there is no obligation to stay on as a member of the cafe. Come and try it out for size

6) Journaling for breakthroughs

If you haven't yet downloaded the free chapter of Randy Peck's book *Journaling for Breakthroughs* Here is the link. It's a free download.

<http://lynnelee.com/freechapter>

And if you would like to discover more about how to use a journal to help you hear God, I highly recommend the complete version. You will find it here

<http://lynnelee.com/jfb>

And here is the link to the free trial of the journaling software

<http://lynnelee.com/journal>